

HOLLY RAMEY

YOGA ALLIANCE TEACHER, REIKI MASTER, INTUITIVE HEALER, TAROT READER

Holly Ramey is an intuitive healer, tarot reader and yoga instructor.

Holly started to explore Buddhist meditation as a teenager, and in 2005 she became a student of yoga. Holly is a 500 hour certified Yoga Alliance Teacher, and has studied Vinyasa Flow at Laughing Lotus and advanced training at YogaWorks. She is also certified in both Restorative and Therapeutic Yoga. In 2015 Holly received her Reiki Master attunement with Deborah Hanekamp. Holly uses her skills as a teacher, healer and student of life to help students connect to their own divine wisdom.

In 2008 Holly left her successful career in the fashion industry to join the yoga community. She worked as a teacher and studio manager at YogaWorks in NYC for four years before transitioning into a full time teacher and healer. She opened Medicine Space, a unique healing sanctuary in Union Square, NYC with Elizabeth Nuese in 2015. Holly has recently relocated to Nashville, TN and is a mama to her daughter Ruby Moon. She continues to work with clients privately in person and via the web. Her goal is to hold space for herself so she can do so for others, teaching practical tools to help her clients find magic in their everyday life.

